



INSPIRE SUMMER CULINARY CULINARY ACADEMY CAMP SCHEDULE

DATE	TOPIC	AGE	TIME
JULY 7-10	FUNDAMENTALS OF COOKING KIDS & TEENS... Kitchen Safety, Basic Tools & Uses, Knife Skills, introduction to ingredients & Spices, Simple Cooking Techniques & Tricks, Food Art & Health Eating Habits. Culminating with fun skills competition judged by a local chef	7-11	9 AM - 12
		12-17	1-4 PM
JULY 14-17	CREATIVE COOKING KIDS: Working with recipes, hands-on fun with DIY recipes, exploring colors, shapes, textures, and taste ----- TEENS: Experimentation, Adapting Recipes to Person Taste, Aesthetic Presentation with Plating & Garnishing	7-11	9 AM- 12
		12-17	1-4 PM
JULY 21-24	FUNDAMENTALS OF BAKING KIDS & TEENS... Introduction to the world of baking, learning the difference between cooking & baking, turning simple ingredients into magical sweet treats, and decorating to dazzle	7-11	9 AM - 12
		12-17	1-4 PM
JULY 28-31	JOY OF BAKING KIDS: Creative Freedom and Experimentation with ingredients to produce their <i>very own</i> warm sweet treats. Great Fun & Kids Love It!! ----- TEENS: Baking is both Science & Art. You will be astonished what you can do. Sharing your baked goods with friends & family is pure joy!	7-11	9 AM - 12
		12-17	1-4 PM

- Classes are Monday through Thursday
- We supply aprons, hats, gloves, and all utensils. Attendees must wear shoes that will prevent a knife from penetrating it should a knife be dropped.
- Attire is at the parent's discretion. We do recommend long sleeves than can be rolled up.
- All Classes for members are \$225/4 Day Class; non-member cost is \$250



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